

# Men's 5.5 / Women's 7.5



## Directions:

1. **FIRST!** Check the scale below against an actual ruler.
2. Place this on a flat hard surface.
3. Step on the sandal template with your foot centered on the shape.
4. **Determine your size.** You don't want a lot of room in front of your toes or behind your heel.



Print at 100% scale. If this scale doesn't match your ruler re-print this template and be sure to set your computer printing setup scale to 100% or 'actual size'. Be sure 'scale to fit' is not checked.

For expert help, take a couple photos of your foot on this template at similar angles as the diagram and email us at:

[EarthRunnersinfo@gmail.com](mailto:EarthRunnersinfo@gmail.com)

